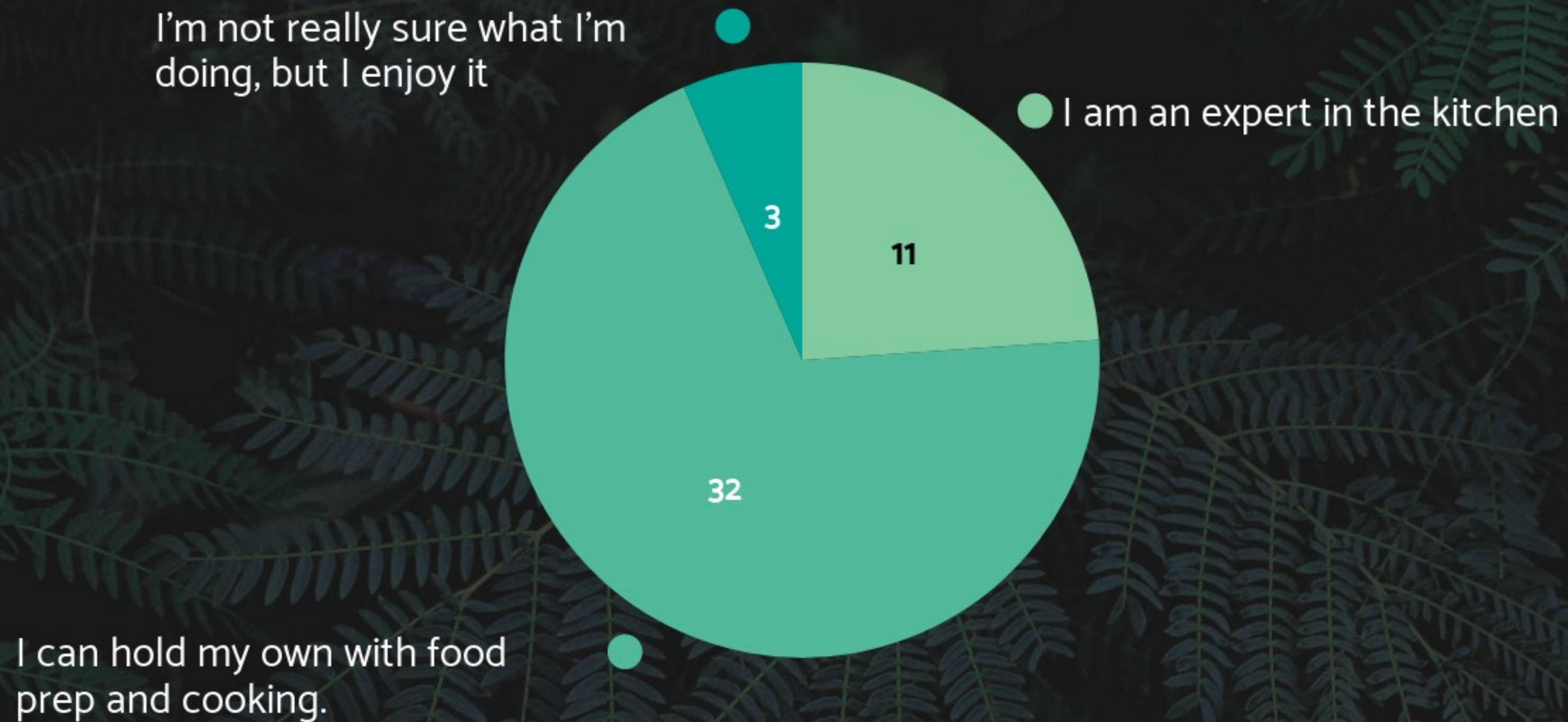
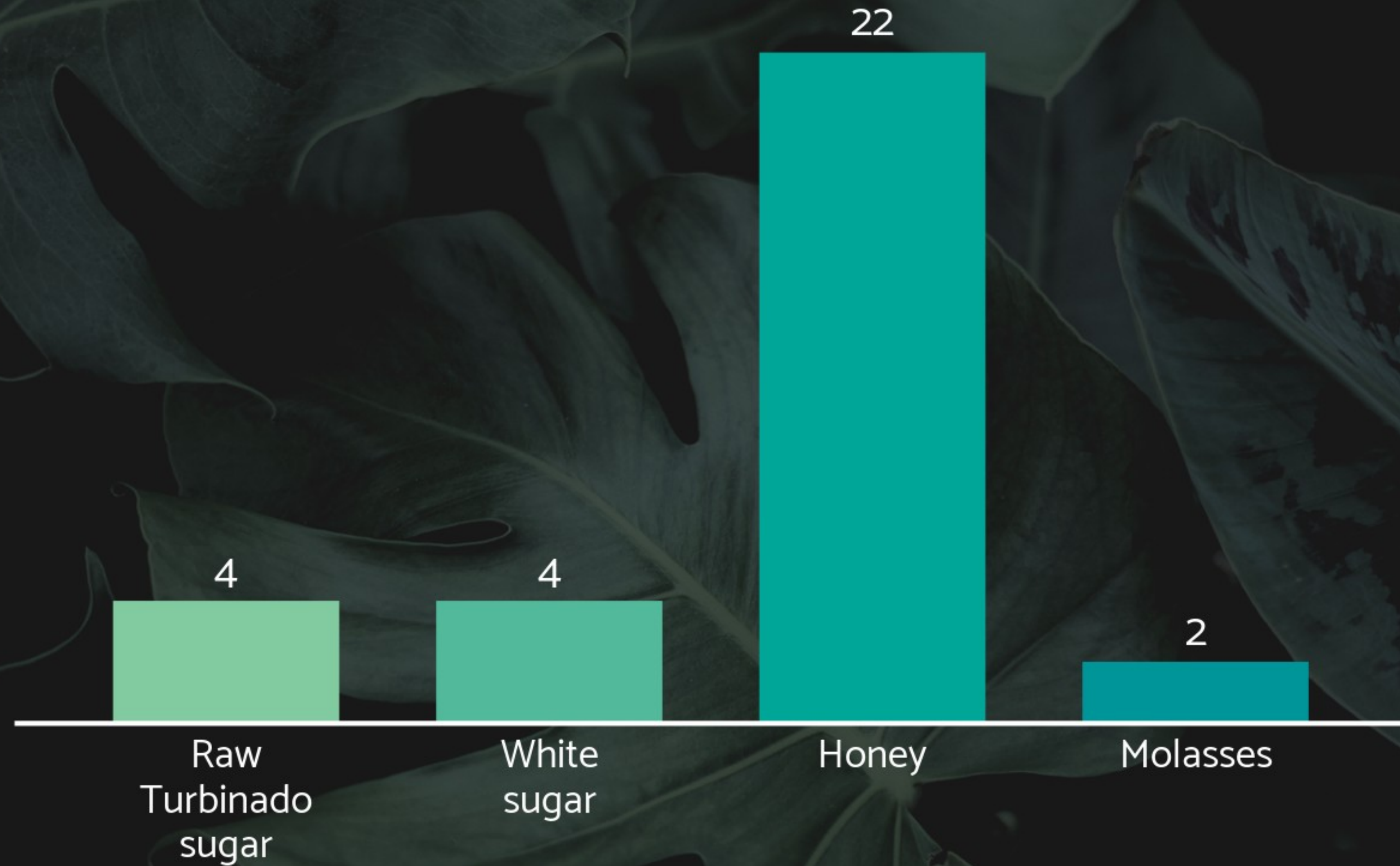


How comfortable are you navigating the kitchen?



Making a syrup: Sugar, Honey, or Molasses?



What is a favorite way you use leftovers? (take a screenshot!)

compost <3

omelets.!

"Fridge soup" -lots of different leftovers transformed with a few extra herbs/aromatics

I like to make a healthy meal that will last several days so I can have something substantial without more work

Stir fry!

I either eat them as a smaller meal or snack, or I incorporate them into a larger meal

Making them into whole new dishes! I love using tortillas to put different ingredients into one bite :)

frying an egg on top, putting it in a tortilla and making it a pocket food, toppings for salad, bases for a new stew.

I love to use leftovers as lunch!

What is a favorite way you use leftovers? (take a screenshot!)

Put them into eggs for breakfast, or put a oozy egg on top!

I just started to save veggie scraps to turn into broth and I can't believe I hadn't been doing that this whole time!

breakfast <3

Create something new

make new dishes

Lunch/dinner the next day mostly. Or taking soup and adding pasta to make it a little different.

I normally just eat them as is. But I love the idea of creating a different meal using leftovers.